

Our Services

Lakeside Care is committed to providing high-quality, compassionate care. Our medical training and health care background means that your loved one will be in good hands. Our wide range of services, coupled with the friendly demeanor of our dedicated staff, ensures the best experience possible, for you and your loved one.



Lakeside Care offers a wide range of assistance, all tailored to meet your unique needs. Among the care services we offer are:

- Vital signs monitoring
- Grooming assistance
- Administration of medicine
- Blood pressure monitoring and care
- Respiratory Care
- Turning
- Toileting
- Bowel care
- Catheter care
- Diabetes Care
- Transportation
- Feeding
- Feeding tube support
- Incontinence support
- Record keeping
- Assistance with mobility
- Hygiene support and monitoring
- IV administration and monitoring
- Rehabilitative Therapies
- Bathing
- Heart Monitoring
- Housekeeping
- Assistance with dressing
- Denture care
- Wound care
- Exercise and stretching support
- Finger and nail care
- Monitoring oxygen use

About Us

Lakeside Care has been the Lake Chapala region's most respected home health care provider since 2002.

In the beginning, care was provided as an in-home care for expats who had retired in the Lake Chapala region and who, because of advancing years, needed medical and personal assistance around their home to meet their quality of life requirements.

This in-home service is still provided to expats. But a need was identified for dementia and other types of memory care patients that needed more intensive type of care. In order to better meet these needs, a local hacienda estate was acquired.

Along with memory care patients, a further need was identified. The costs and availability of assisted living facilities were falling well short of expectations in the rest of North America.

Lakeside Care now provides outstanding care for all people, regardless of age or medical condition. Our experienced caregivers provide a wealth of services and are extremely friendly and compassionate. We not only support patients, but we also support families and friends.

Lakeside Care

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Lakeside Care

Assisted Living
in Mexico



Care without Compromise

Why a care facility in Mexico?

Finding an assisted living facility can be a difficult task in America as well as in Canada. This can be compounded by having to locate such a facility through an unexpected emergency of a loved one. Often the costs and availability of quality care are a surprise that causes stress for all involved.

Lakeside Care offers an option that can be a great solution for your needs. Assisted living care in Mexico.

An assisted living home in Mexico has access to advantages in being able to provide high quality care over those in the rest of North America.

One advantage is nearly all of our operational costs are less expensive in Mexico. The typical costs required for a care facility of staff, food, utilities, and medicinal supplies are all lower in Mexico than compared to these costs in America or Canada.

This allows us to lower our rates by typically **half** of what the average costs are for equivalent care in the United States and Canada.



Quality without Compromise

Our homes are large residential properties that have been converted to elderly care. This limits the number of residents that any estate can accommodate. As such, our homes retain the cozy feel of a residence rather than that of an institutional facility.

We have staff available to our guests around the clock every day to meet their needs. Our daytime staff include a groundskeeper, full-time cook, and nursing aides that do housekeeping whenever they are not looking after guests. All are under the supervision of a resident accredited nurse.

Our caregivers are experienced, well-educated, and committed to ensuring a high quality of life for all of our cherished clients. All of our staff must pass a background check before joining the **Lakeside Care** team.

Each home has a full-time staff of at least a half dozen people. All to cater to the needs of a maximum of 10 residents.

This labor-intensive method of facility operation is not the most efficient way of providing care on a cost-per-resident basis. But we believe that in order to best meet the quality of care that we want to provide, this is what is required.



Mexico has an old fashioned reverence towards for the elderly that is widely considered lost in the culture of the rest of North America. This translates into a level of compassion, dignity and respect towards our residents from our employees that is difficult to instil in the employees of care facilities north of the Rio Grande .



We at **Lakeside Care** want our facilities to be a place that we would be happy to live in. We constantly look for ways that we can improve to meet the highest level of quality that can be found anywhere in the service sector.

Please take the time to visit our website. We have a FAQ page, or you can use our Contact Us section to ask any questions you may have. You can also visit our testimonials page where we have posted comments of residents as well as family members.

The website address is www.lakesidecare.com

